SPÒRS NÀDAIR
NATURE FUN

15

M' AINM / MY NAME:

GNÌOMH AN-DIUGH / TODAY'S ACTIVITY:

Make a Nature Mandala
Cruthaich pìos ealain bho nàdair

Make this beautiful piece of art from what you can find out on your walk or in your garden.

Abair gun cruthaich thu rudeigin àlainn le stuth a lorgas tu air do chuairt!

You will need some natural materials: grass, sticks, feathers, pebbles, shells, pine cones, leaves, flowers (only from your garden, leaving lots for the bees and butterflies).

1.Head outside and collect all the natural materials you can find.

2. Find a flat surface - a table or out in the garden. Place one of your materials down first as the middle of your mandala

3. Use the rest of your materials to make pattern coming out from the centre object.

4. Make sure that both sides mirror each other, be as creative as you can!

We'd love to see your nature mandala, so if you want to share them with us, put a wee picture or video on your Facebook or Instagram and tag your local land trust (or all of us) **@UrrasOG @WestHarrisTrust or @NorthHarrisTrust**